



WALK EASY PEDORTHICS

21 Dowe St, Tamworth, NSW, 2340, Phone: 02 6766 3153

PATIENT FOOTWEAR REFERRAL FORM

Patient Information

Practitioners Name: Phone:

Practice Name: Email:

Address:

Patient's Name: D.O.B:

Email: Phone:

Funding Provider

Funding Type: Other:

Medical Condition

Diabetes: Neuropathy: Vascular Disease: Cerebral Palsy:

Stroke: Arthritis (R/A, O/A): Other:

Lower Limb

Plantar Fasciitis: Hallux Valgus: Pes Cavus: Achilles Tendonitis:

Digital Deformities: Hallux Rigidus: Pes Planus: Neuroma:

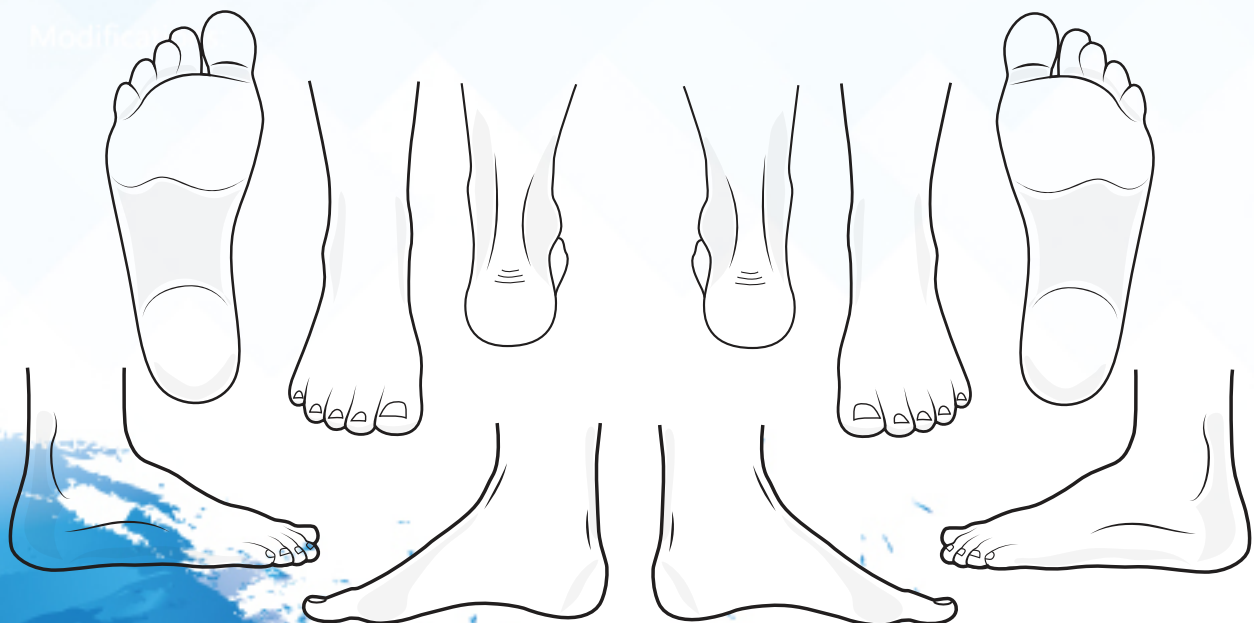
Leg Length Difference (LLD): Amputations:

Other:

Assessment and Gait analysis

Assessment Type:

Sites of Concerns



partners in foot health



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Footwear

Footwear Type: Closure Type:

Ankle foot orthoses (AFO): Orthopaedic safety boots:

Light Weight: Bamboo diabetic socks: Other:

Orthoses (CMO's)

CMO Type: Met Domes:

Top Cover: Offload "Sites of Concerns":

Other:

Modifications

Left Foot

Right Foot

Mod 1 : <input type="text"/>	Mod 1 : <input type="text"/>
Mod 2 : <input type="text"/>	Mod 2 : <input type="text"/>
Mod 3 : <input type="text"/>	Mod 3 : <input type="text"/>
Other: <input type="text"/>	



Heel and toe rocker sole

This rocker rolls at both the heel and toe while keeping a level mid-stance area for balance. It assists with energy transfer and delays heel strike causing a longer stride.



Forefoot rocker sole

Only rocks forward from the metatarsal heads forward to the toes. Assists with met offload during ambulation and forward propulsion and toe off.



Full length rocker sole

Full rocker offers a continuous roll from heel to toe. Not suitable for those with balance issues.



Negative rocker sole

Forefoot rocker with the heel lower than the forefoot. Transfers body weight proximally and reduces forefoot pressure. Dorsiflexion and Achilles issues must be considered.



Leg length DISCREPANCY buildup

Lifts the shoe for those with a difference in leg length, reduces strain on joints muscles and other structures. Generally height at the metatarsal heads is scaled to 2/3 of the heel height.

Modifications



Buttress

Used to stabilize the ankle, can be either on the medial or lateral side. Supports the foot and widens the base of support to help control abnormal motion



Heel Raise

Heel raises indicated for Equinus or Achilles tendonitis issues. Sometimes used for small LLDs. Increased pressure on the forefoot should be considered.



SACH

Solid Ankle Cushion Heel is used to reduce shock at heel strike as well as promoting pronation or supination of the subtalar joint with mobility.



Flare

Increases stability of the shoe and gently forces the foot away from the modified side.



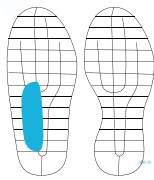
Wedge/Tilt

Used to improve the biomechanics of the foot and leg and reduce stress on the joints. Can be applied medially or laterally.



Carbon Fibre shank/Stiffener

Carbon plates can be applied to the shoe to reduce flexion/rotation in the foot. Used with a rocker sole to reduce strain on joints and assist in normalising gait.



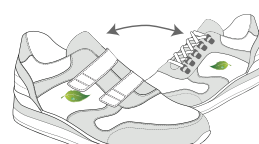
Widen mid-foot/Relasting

The width of footwear can be increased for those with a larger mid-foot shape. Shoes can be widened at the heel or mid foot. Shoe size and quality should be considered.



Click Medical (Boa) Closure

Patients can easily adjust to the optimal fit of their device throughout the day, quickly adapting to changes in activity or support needs.



Lace to Velcro Conversion

Replace laces with Velcro straps, also can change Velcro to laces.



Velcro Dee on Lateral side

Patients with hand limitations find it easier to pull the velcro strap to the medial side of the shoe